

ARTS MARTIAUX - ADULTS

LUNDI	MARDI	MERCREDI	JEUDI	VENREDI	SAMEDI	DIMANCHE
18h – 19h30 BOX ANGLAISE	18h30 – 19h30 KICK BOXING M.IDY	18h – 19h30 BOX ANGLAISE	18h30 – 19h30 KICK BOXING M.IDY	18h – 19h30 BOX ANGLAISE	14h – 16h AIKIDO M.CAMBEL	14h – 16h AIKIDO M.CAMBEL
18h15 – 19h15 KARATE M.SAMSON	18h30 – 19h30 KICK BOXING M.IDY	18h – 19h KARATE M.SOULEYMANE	18h30 – 19h30 KICK BOXING M.IDY	18h15 – 19h15 KARATE M.SAMSON	18h – 19h KARATE M.SOULEYMANE	
19h15 – 20h30 KUNG-FU (Full Contact M.HERMAN)	19h30 – 21h30 JIU JITSU M.DIALLO	19h – 20h30h KUNG-FU (Full Contact M.HERMAN)	19h30 – 21h30 JIU JITSU M.DIALLO	19h15 – 20h30 KUNG-FU (Full Contact M.HERMAN)	19h – 21h JIU JITSU M.DIALLO	
20h30 – 22h TAEKWONDO M.FOFANA	19h30 – 21h30 JIU JITSU M.DIALLO	20h30 – 22h TAEKWONDO M.FOFANA	19h30 – 21h30 JIU JITSU M.DIALLO	20h30 – 22h TAEKWONDO M.FOFANA	19h – 21h JIU JITSU M.DIALLO	

MARTIAL ARTS TARIFS ----- INSCRIPTION 20.000F MENSUALITE 15.000 REINSCRIPTION 5.000F

BOXE ANGLAISE TARIFS ----- INSCRIPTION 15.000F MENSUALITE 20.000

KICKBOXING ----- INSCRIPTION 20.000F MENSUALITE 0.000